

## Kids deploy to

# Operation Hele On

By Tech. Sgt.  
Andrew Leonhard  
15th Airlift Wing Public Affairs

The mock deployment, Operation Hele On, wasn't a 120-day rotation. Instead, this deployment lasted a day and for these kids, it is a day that will not soon be forgotten.

Operation Hele On bridges the gap between children and Air Force military parents when it comes to deployment.

"The children's experience helps them understand their parents are well trained, prepared and ready to deploy," said Maria Barrows, Director, Airman and Family Readiness Flight, 15th Mission Support Squadron. "This experience reassures them their parents are safe. Additionally, it gives parents and child a common frame of reference to talk about. Most importantly, the children had fun."

Beginning the adventure, the kids met face-to-face with volunteer training instructors who taught them some basic military training protocol. After the encounter with the MTIs the children broke into flights and marched to the deployment line at Building 2115.

During the mock deployment function the young Keiki Airmen received briefings about legal, finance and were allowed to try on protective gear that their parents would wear while deployed.

"I liked learning how to put on all the protective gear, like the helmet and vest," said Meghan Duffey, 9, from Hickam Elementary. "It was heavy. I bet my dad (Chief Master Sgt. Russ Duffey, Pacific Air Forces) must get hot in it." The fourth grader also enjoyed marching to cadence and "getting to deploy like my dad." Meghan was not the only Hickam elementary attendee who enjoyed the mock deployment.



Courtney Davis, 9, daughter of Master Sgt. Brenden Davis, 15th Civil Engineer Squadron; and Jacob Feltman, 9, son of Master Sgt. William Feltman, Pacific Air Forces, use the wingman system while

Tyler Greene, 11, said he "enjoyed putting on the gear to feel how heavy it was," and knowing his dad, Staff Sgt. Bryan Greene, Kenney Headquarters, was protected by it when he deploys.

During the mock phase one processing line the children received personalized dog tags, camouflage

hats and shirts and backpacks. And of course no combat experience would be complete without face paint.

"One of the high points was the mobility line and processing (dog tags etc) and the Base X experience," said Beth Hodge, Chief, Family Member Programs Flight, 15th

Services Squadron. "This was an excellent opportunity for all to see what parents do to prepare for deployment." According to the coordinators, the marching and cadence were a great addition to this year's event. It added a level of esprit de corps, camaraderie and healthy competition.

As any coordinator will say, if it wasn't for some help, nothing would've been possible. "We couldn't have done it without the help of the base agencies and the volunteers," said Ms. Barrows and Ms. Hodge. "This was a lot of fun for all and a big learning experience as well. The supporters were awesome!"



Children sample MRE entrees as part of the mock deployment through the Airman and Family Readiness Center.



After processing the mobility line, the children, mobility folders in hand, toured a C-17. The children also watched demonstrations from 15th Security Forces Squadron military working dog section and explosive ordnance disposal.

Photos by Wyoming Rossett



# Crossword Puzzle: History of the World, pt. 2

By **Capt. Tony Wickman**,  
71st Flying Training Wing  
Public Affairs

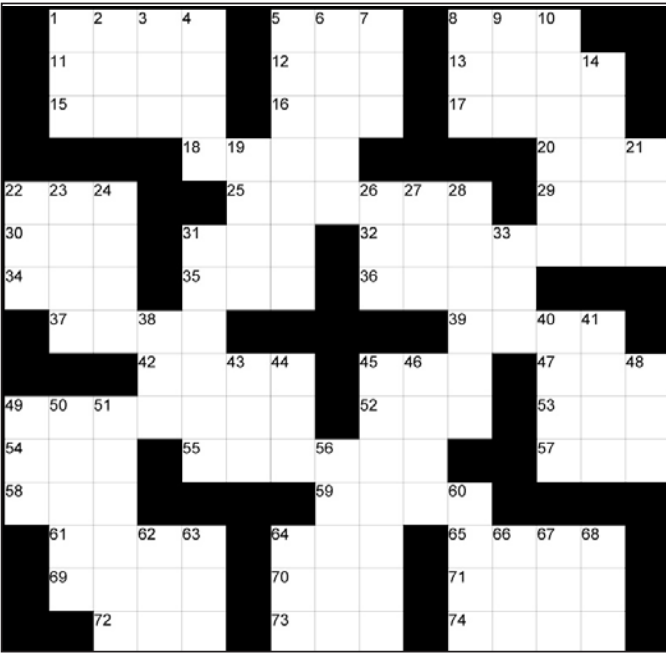
- ACROSS**
1. Dread
5. Road material
8. Code that identify an individual consumer product, briefly
11. SSgt Jeffrey \_\_\_\_; Silver Star recipient for actions in Somalia
12. Air Force equivalent to 1 DOWN
13. Drench
15. Ancient Peruvians
16. Greek letter
17. Infamous Roman emperor
18. Number of baseball players in the field
20. Field rations for Airmen
22. Model Carol
25. Site of Operation Just Cause in 1989
29. Snakelike fish
30. Gen. John \_\_\_\_; ACC commander and acting

- CSAF in 1990
31. Lawn
32. War between 1954-1975
34. USAF intel. org.
35. Altar words
36. Kellogg waffle brand
37. Daze
39. Sultan
42. From \_\_\_\_ to Eternity
45. School standing tool
47. Dip quickly into water
49. 1991 war
52. Jogged
53. Verne \_\_\_\_; 14th SECAF
54. Item to task/disseminate targets and specific missions, briefly
55. Capt. Charles \_\_\_\_; first person to break sound barrier
57. Zodiac sign
58. Address for male officer
59. Egyptian cross
61. Mention; as a source
64. Greek letter
65. Brig. Gen. Robin \_\_\_\_; triple ace from WWII and Vietnam
69. At another time

70. Informal lead-in for school or students
71. Jump
72. H.S. diploma equivalent
73. Old Glory represents it
74. Several

- DOWN**
1. DOJ org. for terrorism
2. Sea bird
3. USAF predecessor
4. Gen. Michael E. \_\_\_\_; CSAF 1997-2001
5. U.K fighter/bomber aircraft
6. Blanched
7. \_\_\_\_ de Janeiro
8. Part of DoD
9. 1Lt Bryce \_\_\_\_; flew first jet combat reconnaissance mission
10. Actress Electra
14. War from 1951-1953
19. Apple music player
21. Shade tree
22. Pie \_\_\_\_ mode
23. Clark's girl in the comics
24. \_\_\_\_ 70's Show

26. St. alternative
27. Russian-made jet
28. Arm of the Mediterranean between Greece and Turkey
31. Brawny
33. Author Clan-cy
38. 1989 'Weird Al' Yankovic film
40. \_\_\_\_ American
41. Scarce
43. Norma \_\_\_\_
44. Period
45. Site of Operation Urgent Fury in 1983
46. Public use land
48. Expert
49. Fuel
50. New York city
51. Maj. Charles \_\_\_\_; 1952 Medal of Honor recipient
56. Thomas S. \_\_\_\_; 7th SECDEF



60. Brig. Gen. Jeanne \_\_\_\_; first female USAF general officer
62. Foot part
63. Terminate
64. Flightless bird
66. Greensward
67. Actor Aykroyd
68. Double agent
- See SOLUTION, B3**

## AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

### Friday, 7 p.m. and Saturday, 2 p.m.

#### *Monster House*

A home has become physically animated by a vengeful human soul looking to stir up trouble from beyond the grave. It's up to three kids from the neighborhood to battle with the structural golem in this tale. Starring Steve Buscemi, Nick Cannon. Rated PG for scary images and sequences, thematic elements, some crude humor and brief language.

### Saturday and Wednesday, 7 p.m.

#### *My Super Ex-Girlfriend*

A guy finds out how hard breaking up can be when attempting to call it quits with a girlfriend. Matt Saunders was looking for love when he first met Jenny Johnson. Jenny isn't just your typical girl. Despite her outwardly normal appearance she is a powerful superhero dedicated to ridding the streets of crime. Starring:Luke Wilson, Uma Thurman. Rated PG-13 for sexual content, crude humor, language and brief nudity.

### Sunday and Thursday, 7 p.m.

#### *Clerks II*

Ten years ago Dante Hicks and Randal Graves were mini-mall clerks slacking off together. Now, working in the fast-food universe, they have managed to maintain their in-your-face attitudes, and enjoyment of poor customer service. Starring Brian Christopher O' Halloran, Jeff Anderson. Rated R for pervasive sexual and crude content including aberrant sexuality, strong language and some drug material.

CHAPEL		
<i>Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.</i>		
<b>PROTESTANT</b> Nelles Chapel Sunday Contemporary Service 8:30 a.m. Sunday Gospel Worship 11:15 a.m. Sunday Praise Gathering 5:30 p.m. Chapel Center Sunday Traditional 8:30 a.m.	Jewish Lay Leader Mr. David Bender 527-5877 Naval Station Chapel – 473-3971	<b>ISLAMIC</b> Friday Congregational Service (1935 Aleo Place, Punahou) 1 p.m. Muslim Association of Hawaii 947-6263
	<b>CATHOLIC</b> Nelles Chapel Weekday Mass 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Mass 5 p.m. Chapel Center Sunday Mass 10 a.m.	<b>BUDDHIST</b> Honpa Hongwanji Hawaii Betsuin A Shin Buddhist Temple – 536-7044
<b>JEWISH</b> Aloha Jewish Chapel, Pearl Harbor – 473-0050		<b>ORTHODOX</b> For more information, call 438-6687

## Team Hickam History

The Air Force's most historic airfield

Aug. 31, 1939 – Wheeler Field became a separate permanent military post, although the transition to independent status had been gradual. By the end of the year, units stationed at Wheeler included the 18th Pursuit Group and the 4th and 5th Reconnaissance Squadrons, under the jurisdiction of the 18th Bomber Wing headquartered at Hickam Field.

Aug. 29, 1950 – Under “Operation Blood Plasma,” the first shipments of whole blood from the mainland destined for Korea arrived at

Hickam. The 1500th Air Traffic Squadron was responsible for re-icing these shipments upon arrival and again upon departure, with ice furnished by the ice plant at Schofield Barracks.

Aug. 28, 1952 – The first Women in the Air Force attendant to fly the Pacific Airlift between Hickam and Haneda (Japan), A/2C Irene Grand-champs of 49th Air Transport Squadron, left Hickam Aug. 28 aboard a MATS Pacific Division C-97 Stratofreighter, and returned six days later.

### SOLUTIONS, From B2

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		S	I	R				A	N	K	H					
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Stormy night

Jenny

A comic strip about life as a military spouse.  
Copyright Julie L. Negron

# Hickam Heroes

**Senior Airman  
Melissa Harrington**  
15th Airlift Wing Chapel

**The 15th AW Chapel rocks because:** We have great camaraderie. We all work well together and truly enjoy what we do. We are a small unit, but we reach out to the entire Hickam community.

**My job affects all of Hickam in that:** I help to support the free exercise of religion to everyone at Hickam and across the Air Force.

**When not at work, I spend my off duty time:** Hanging out with my friends, visiting my newly born nephew and experiencing the many things that Hawaii has to offer.

**Something people don't know about the 15th AW Chapel:** Our job consists of more than just services on the weekend. Many long hours are put in throughout the week to ensure that all of our programs move smoothly.

**If I could change one thing about Hickam, it would be:** Every Friday would be “Aloha” Friday.

**What the supervisor has to say:** I

am absolutely impressed and thankful for her work ethic, initiative and loyalty. I couldn't have ever asked for a better Airman to assist our team in bringing worship opportunities and spiritual fitness to our customers.

*Master Sgt. Donald Beaulieu,  
15th Airlift Wing Chapel*





Courtesy photos

# Paddling improves fitness, friendships

**By Senior Airman  
Erin Smith**  
15th Airlift Wing Public Affairs

Row, row, row your boat.  
It may not be down a gentle rippling stream but members of the Ka Mamalahoe Canoe Club raced their way through the ocean surrounding Hawaii and qualified for the state championship races. Championships were Aug. 5 and the team came in 12th out of 62 clubs participating.  
For people stationed at Hickam, one of the easiest

ways to experience the Hawaiian culture and meet the locals is to take up their state sport, paddling.  
Frank Deniz joined the canoe club in 2003 with a simple purpose, to take up paddling to maintain a healthy lifestyle and renew ties to his Hawaiian heritage. Since then, his views have expanded to include taking the sport to those who would otherwise never get the chance to experience this uniquely Hawaiian sport.  
“I grew up in a traditionally

Hawaiian family on the Big Island, shuttling back and forth on weekends between my grandparent's home in the fishing village of Miloli'i and my home at Honaunau, South Kona, he said. “I remember what it was like to be around the Kupunas, the older Hawaiian generation, they were hard working, kind, and took care of visitors and family like no other culture I have ever experienced in all my years of travel in the Air Force. I carry that experience with me as if it were a badge of honor and I

wanted give others the opportunity to experience this side of Hawaii.”  
Paddling not only gives people an appreciation for the Hawaiian heritage but it also helps people get in shape and work together as a team.  
“I like that it is a social event as well as sporting,” said Ronelle Simmons, who just completed her second year of paddling. “It takes cross training and when you work hard, it pays off. It's a sport where you really get rewarded for your efforts.”

The club is a great way for a new paddler to get involved with the sport or for an experienced paddler to find some fellow paddlers to go out and paddle with. Paddlers also get to travel to many beaches throughout O'ahu for different meets around the island.  
Another advantage to the sport is that the club provides child-friendly environment.  
“It is a good, clean family sport,” said Simmons. “People are disqualified for swearing or drinking before the races are over. My 9-year-old daughter

## How to get involved

Ka Mamalahoe Canoe Club just completed its season and will be offering recreational outrigger canoe paddling to those interested in trying it out. Practices are at Ke'ehi Lagoon, next to the Airport on Sept. 13th at 5 pm.  
Ka Mamalahoe belongs to the Hawaii Canoe Racing Association whose membership includes more than 3,000 paddlers and sixty canoe clubs throughout the state. The club currently has 35 active duty military, dependents, contractors, and DoD civilians that compete; twenty of which are active duty airmen. It's open to age's 12-65, male, female, co-ed, novice to master levels.  
For more information, contact Francis “Frank” Deniz at 232-7570 or 449-8341, Email: francis.deniz@hickam.af.mil . People can also visit the clubs website at: <http://mamalahoekanawai.com/>



Members of the men's junior master paddling team begin the outrigger canoe paddling state championship race here, Aug. 5.

comes to every event with me.”  
The club not only provides a child-friendly environment but also accommodates the demands military life.  
“The group of military paddlers has families and commitments uniquely different from the other local paddlers in our club,” said Deniz. “They all know that duty is their top priority, so they sometimes miss a

few practices here and there. However, whenever they're at practice, every one of them go to it with lots of effort and positive attitudes. When I see how much our paddlers from the mainland enjoy themselves on the ocean, interacting amongst the locals, telling their families back home how great their experience has been, it makes me feel good about what I'm doing here at Ka Mamalahoe.”